

# Crested Butte Community School and Crested Butte Parks and Recreation

## Concussion Management Protocol

### STEP 1

Preseason  
Baseline Testing  
& Education

Educate Athletes,  
Parents, Coaches,  
Teachers on  
Concussions

Take an IMPACT  
Training Webinar or  
Workshop to Learn  
About Baseline Test  
Administration

Have a Concussion  
Management Protocol  
On-Hand and Have  
Your Team of Key  
Professionals (Listed  
Below) Ready to Treat  
Athlete; Roles/ Duties  
Should Be Established  
for:  
--ATC  
--Concussion  
Specialist  
(MD/DO/PhD)  
--Rehabilitation

Have Parents Sign  
Permission Slip

Schedule Supervised  
Baselines in School's  
Computer Lab

Test Administrator  
Confirms All Baselines  
Are Valid, (If Invalid,  
Retest Athlete)

### STEP 2

Concussion is  
Suspected

Sideline Assessment

If Concussion Is  
Suspected – Immediate  
Removal from Play/  
Activity

Parent /guardian sets Up  
Referral for Concussion  
Specialist (MD/DO/PhD)

Vestibular Screening

At the Discretion of  
Trained Medical  
Personnel... Optional  
Brain Imaging If Needed

### STEP 3

Post-Injury  
Testing &  
Treatment Plan

Athlete to Take  
Supervised Post-Injury  
Test After Injury

Parent/Guardian  
Continues to Coordinate  
Concussion Specialist  
(MD/DO/PhD)

Team Coordinates Care  
Between Athlete,  
Parent, MD/DO/PhD,  
ATC, Teachers, and  
Coaches

Does the Athlete Need  
Additional and More  
Extensive  
Neuropsychological  
Testing? If So, Refer to  
Neuropsychologist

Does the Athlete Need  
Vestibular/Physical  
Therapy? If So, Refer to  
Physical Therapist

### STEP 4

Is Athlete Ready  
for Non-Contact  
Activity

CRITERIA:

- A. Symptom Free @  
Rest & With  
Cognitive Exertion
- B. Post-Injury Test:  
Within Normal Range  
of Baseline
- C. Normal Vestibular  
Evaluation

If A, B, C Are Not Met,  
Return to Step 3

If A, B, C Are Met,  
Obtain Written  
Clearance for  
Progression to Activity  
By Supervising Doctor  
(Non-ER Doctor)

Stepwise Return-to-  
Play Progression  
Beginning with Light  
Non-Contact Activity  
Progressing to Full  
Non-Contact Exertion

### STEP 5

Determining Safe  
Return-to-Play

Return-to-Play  
Decisions Should Always  
Be Made by a  
Concussion Specialist

No Recurring Symptoms  
at Rest or Following  
Physical or Cognitive  
Exertion

IMPACT Test Scores  
Back to Baseline

Athlete's Final IMPACT  
Score Is Set As Their  
New Baseline